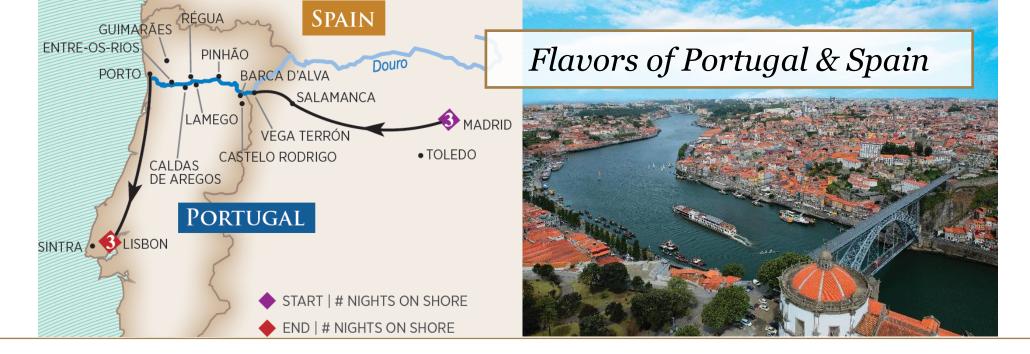
Flavors of Portugal & Spain AmaWaterways River Cruises

By

Hank Schrader

Europe River Cruise Expert

Most of the Slides are From AmaWaterways



14-Night Land & Cruise Program

3 nights: Madrid 7 night: Vega Terrón to Porto Cruise 3 nights: Lisbon or Reverse

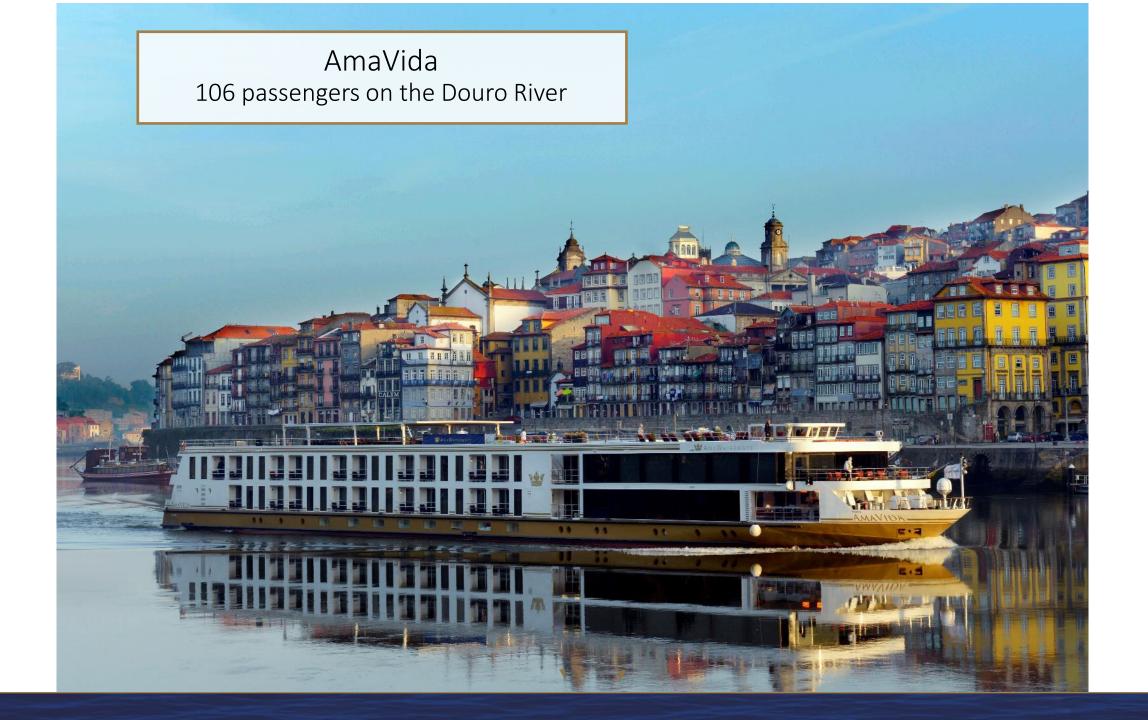
Itineraries Include

- **w** Salamanca Excursion
- 🤎 Figueria de Castelo Rodrigo
- 🤷 Mateus Palace
- Lamego excursion

- 🥨 Quinta de Avesseda wine tasting
- 🥨 Quinta de Avelada wine tasting
- 🤷 Porto city tour with port wine tasting
- 🤷 Guimarãe excursion

Your Tour Begins in Madrid

- Day 1 Check in to Your hotel
- Day 2 Madrid City Tour
- Day 3 Toledo Excursion
- Day 4 Transfer to Salamanca



Day 1 PORTO

- EMBARKATION
- Board the ship for your Enticing Douro cruise. (D)



Day 2 ENTRE-OS-RIOS

- Lunch at a local quinta
- Entre-os-Rios translates to "between the rivers".
- This small village is, quite appropriately, located at the confluence of the Tâmega and Douro rivers.
- This tranquil village offers an authentic slice of Douro River life.
- In the afternoon, indulge in a traditional Portuguese lunch with your fellow travelers in Entre-os-Rios at a local quinta – a country estate – for a truly authentic culinary experience.

Day 3 RÉGUA PINHÃO

- Mateus Palace & gardens visit
- Local quinta wine tasting
- Visit the Baroque style Palacio de Mateus and its gardens.
- Inside the house, you'll see interesting furnishings, paintings and a ceiling of intricately carved wood.
- The gardens here are considered some of the most beautiful in Portugal.
- Later in the day, savor the flavors of Portugal's renowned fortified wine, vinho do porto, made exclusively in the Douro Valley.
- Head to a local quinta for your authentic Port wine tasting experience and enjoy the sweet nectar of this fascinating region.
- (B,L,D)

Day 4 VEGA DE TERRÓN

- Salamanca excursión
- Drive to Salamanca, a UNESCO World Heritage Site.
- Built of golden sandstone, Salamanca is known as a "living museum.
- Step back in time to the Middle Ages during your escorted tour, which includes the city's elegant university buildings, the New Cathedral, the intriguingly decorated House of Shells, and Plaza Mayor.
- (B,L,D)





Day 5 BARCA D'ALVA

- Castelo Rodrigo tour with tasting of regional fare
- OR Castelo Rodrigo hike with tasting of regional fare
- Quinta de Avessada dinner
- (B,L,D)

Day 5 Excursion Details

- Spend time soaking up the beauty of the Douro River as you cruise to Barca d' Alva, where you will visit Castelo Rodrigo.
- It is a small fortified village perched high on a hilltop with centuriesold walls, steep narrow streets and fantastic views.
- You can also opt to hike up to the village, for a more active excursion. While here, taste some delicious locally grown produce.
- Be treated to an exclusive dinner at Quinta da Avessada, where you'll enjoy an authentic and traditional dining experience complete with entertainment.
- Quinta da Avessada is also a fascinating interactive museum.
- It commemorates the history and culture of wine in the Alto Douro region,
- You'll have fun discovering all the various stages of wine production as well as doing plenty of tasting.



Day 6 RÉGUA

- Lamego tour and Bôlas tasting
- OR Holy Staircase hike and Bôlas tasting
- (B,L,D)

Day 6 Excursion Detail

- Travel to picturesque Lamego, home to one of the most important pilgrimage sites in all of Portugal.
- It is Nossa Senhora dos Remédios (Sanctuary of Our Lady of Remedies).
- The shrine features a staircase of nearly 700 steps, beautifully decorated with white and blue tiles.
- The more active adventurer will want to climb the steps on a guided hike.
- Sample local traditional specialties, such as bôlas de Lamego (bread filled with smoked ham); presunto (a type of dried cured ham) and Espumante (a Portuguese sparkling wine).

Day 7 PORTO

- "City of Bridges" tour with Port wine tasting
- OR Porto hike with Port wine tasting
- Free Afternoon
- The colorful city of Porto blends the best of old and new.
- Take our escorted tour of the historic quarter, a UNESCO World Heritage Site, including the Cathedral, one of the city's oldest monuments,
- And the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history.
- You'll also enjoy a tasting of Port, Portugal's most renowned contribution to the world of wine.
- If you prefer, you can go on a guided hike and then enjoy a Port wine tasting.
- Enjoy a free afternoon to explore all of Porto's charms on your own.
- (B,L,D)









Day 8 PORTO

- DISEMBARKATION
- Disembark the ship and prepare for your flight home. (B)

Lisbon





Lisbon

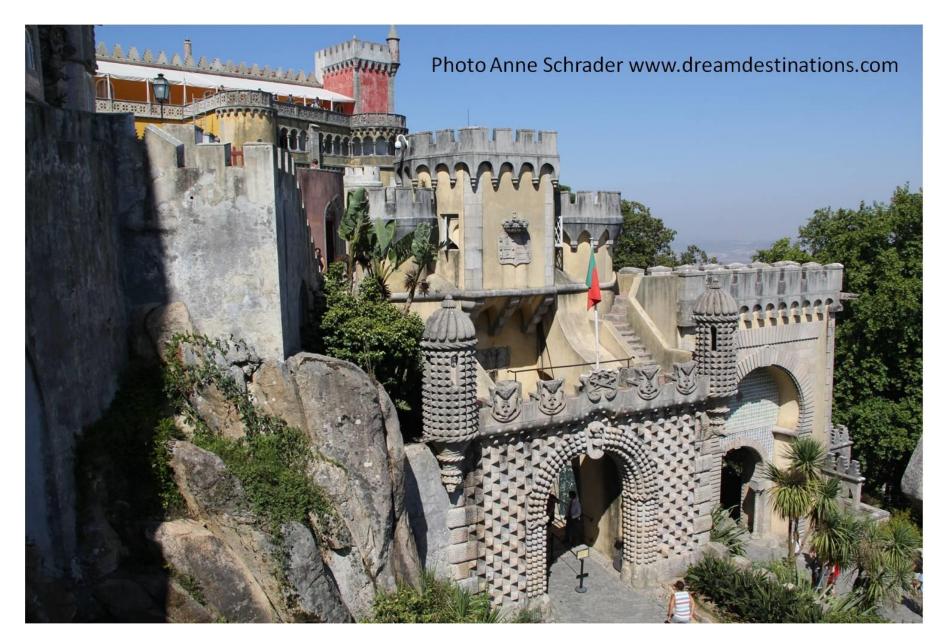


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